

## Stay Fit for Summer!

## See the Hard Work Pay Off with Before and After Body Fat Assessments!

The state-of-the-art DEXA scanner is the Gold Standard in body fat assessment. The scanner offers comprehensive body-fat analyses far superior to those of any other method. Specifically, the scanner gives a detailed printout of the percentage of your body fat over 14 regions of the body. To do this, DEXA employs a whole body scan that passes over you for a comfortable, non-invasive test of body fat composition. Testing your body fat will give you a better measure of fitness than weight alone and can help you refine fitness goals based on your body composition and progress in your fitness and diet programs.

Dr. Bhatia is pleased to offer a "Stay Fit for Summer" campaign that includes two DEXA body fat assessments for a special price of \$100 total. The total includes printouts of body fat assessment for you and for your trainer. Dr. Bhatia is a longstanding female OBGYN who practices in central San Antonio and maintains a commitment to see each of her patients individually. She also maintains a commitment to health and fitness in her personal life, making her particularly receptive to your health and wellness needs.



The scanning software has unique provisions to determine the body fat composition of MEN & WOMEN, accounting for characteristic muscle and fat storage in both genders.

Available at our main location:

## Metropolitan Methodist

1303 McCullough Ave, Suite 237 San Antonio, TX 78212 Phone: (210) 222-2694 Hours: Mon-Thur: 8:30 AM - 5 PM Fri: 8:30 AM - 12:30 PM

Call us at (210) 222-2694 or visit our website for more information on our health and wellness services.

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Check out our website www.neerabhatiaobgyn.com

