# About Us

With thirty years in practice, Dr. Bhatia is among the most experienced active obstetrician gynecologists today. Through each of these years, Dr. Bhatia has dedicated herself to her patients by forging lifelong connections with them, striving to better her understanding of current obstetrical and gynecological techniques, and providing consistent support as her patients endure difficulties or discover successes. Through these commitments, Dr. Bhatia has developed an enduring and robust practice that provides care to women in each and every one of their life stages. Indeed, her goal is to become your doctor, and friend, for life.

# A NOTE FROM THE DOCTOR

I pride myself on my commitment to patients. My commitment manifests itself through a compassionate disposition and a self-demanding approach. I treat each patient as I would a member of my own family. I draw on my significant experience as a clinician, and I stay up to date with current treatment options.



All of these commitments form the basis for my experience as a physician. But they are secondary to my fundamental promise to you: I pledge to build an enduring relationship with you, if you choose to visit me. I will be available each and every time that you make an appointment or express a concern. And I will use each and every resource I possess to alleviate your concerns and help you achieve your goals.

### - Dr. Neera Bhatia

\*See the rest of Dr. Bhatia's note to her patients online.





Board Certified American Board of Obstetrics & Gynecology



# Our Location

Our office is conveniently located across the Metropolitan Methodist Hospital, which is an affiliate of the Methodist Hospital. The hospital has a newly constructed and state of the art Women's Pavilion, at which doctors provide top-notch maternity and post-partum care.

# METROPOLITAN METHODIST

Address: 1303 McCullough Ave, Suite 237

San Antonio, TX 78212

Office: (210) 222-2694 Fax: (210) 222-2565

Website: www.neerabhatiaobgyn.com
Email: info@neerabhatiaobgyn.com
Hours: Mon-Thur: 8:30 AM - 5 PM
Fri: 8:30 AM - 12:30 PM

# Our Website

Our website is all about you. We have wellness & nutrition tips, current women's health articles, information about our services, answers to frequently asked questions, and much more! You can fill out our "Ask the Doctor" form for all of your general questions, sign-up for our email newsletter and easily schedule your appointments Online!

2011 Best Websites Bronze Addy Award San Antonio, Texas





# Get Directions!

Scan with App to download & view map

Call us at (210) 222-2694 or make your next appointment online with us!





Experienced, Compassionate Care. For Women. By a Woman.

# Services

# **OBSTETRICS**

We offer complete obstetrical services from prenatal to post-partum care including:

- In-office Ultrasound
- Non-stress Test
- Fetal Heart Monitoring
- 3D/4D Ultrasound

# **GYNECOLOGY**

Dr. Bhatia and her staff provide complete woman's wellness and gynecological care, from adolescence to post-menopause.

- Contraception Counseling
- Menopause Evaluation & Treatment
- Urinary Incontinence
- Gynecological Infections
- In-office Vaginal Ultrasound
- Osteoporosis Screening
- Osteoporosis Treatment
- Infertility Diagnosis & Treatment

## HOSPITAL PROCEDURES

Dr. Bhatia emphasizes minimally invasive procedures, even when in the hospital.

- Minimally invasive hysterectomy, including vaginal, laparoscopic, and robotic options
- Bladder suspension surgery to treat urinary incontinence

## **ONSITE SURGERY**

Dr. Bhatia offers noninvasive procedures in the comfort of her office. These in-office procedures include treatments for heavy menstrual bleeding, vaginal sterilization, and pap smear abnormalities.















clarisonic

# Wellness & Nutrition

Dr. Bhatia provides a host of health information online for her patients, including general wellness tips, guidelines for health in pregnancy (diet, medication usage, exercise), and current women's health articles.

### **GENERAL WELLNESS**

#### Screening Health Tips

- Breast Cancer Screening Every year, starting at age 40.
- Cholesterol Screening
   Every 5 years, starting at age 20.
- Thyroid Screening
   Every 5 years, starting at age 35.



#### **Exercise Guidelines**

We recommend a mix of moderate and vigorous aerobic activity PLUS muscle strengthening 30-60 minutes, 5 days per week.

#### **Diet & Good Health Habits**

Practice good health habits like eating moderately, eating regularly, eating breakfast, avoiding smoking, exercising regularly and sleeping 7-8 hours per night.

#### HEALTH IN PREGNANCY

The health in pregnancy section of our website includes guidelines and suggestions for maintaining a healthy pregnancy. These suggestions are even tailored to each trimester and work towards your health and that of your baby!

## **CURRENT NEWS**

The current news section of our website includes academic articles that Dr. Bhatia has personally reviewed and selected for presentation from Medscape.com and the American College of Obstetrics & Gynecology. The articles will help keep you, the patient, updated as medicine progresses!

# **New Patients**

Dr. Bhatia welcomes your interest in her practice and is ecstatic that you are considering her for your obstetrical and/or gynecological needs. Dr. Bhatia constantly welcomes new patients to her practice and is quick to form bonds with these patients.

## **RESOURCES & FORMS**

For your convenience Dr. Bhatia included all of the primary forms required of new patients visiting her online. These include a registration form, gynecological patient history form, and records release form.

# FREQUENTLY ASKED QUESTIONS

Dr. Bhatia has also answered a number of your questions in the FAQ section of our website. Make sure to check it out if you are a new patient with questions. But please, never hesitate to call us with your questions.

# Scheduling an Appointment

We're excited that you have chosen to make an appointment with Dr. Bhatia. You can choose a time most convenient for you to visit and communicate with us in one of the following 3 ways:



- (1) Call us at (210) 222-2694 and speak to our staff;
- (2) Use our easy appointment scheduling module online to set your time; or (3) Email us at info@neerabhatiaobgyn.com. And, remember that Dr. Bhatia wants to make you comfortable so don't hesitate to ask for a time that best suits you.

Visit Our Website











